

# Casemate

**Spotlight  
Event**

## Monroe Blood Drive

A Red Cross Blood Drive will be conducted Sept. 7 at the Community Activities Center. The drive will begin at 9 a.m. and continue throughout the work day. All eligible donors are urged to participate as blood supplies are critically low.

Vol. 27, No. 18

Published for the community of Fort Monroe, Va.

September 2, 2005

## What's Inside



### Kid-friendly Fun

Hundreds of local youths flocked to Fort Monroe for the annual 'Kid's Day' celebration.

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### 'Encore' Performance

A USACC staff sergeant will represent Fort Monroe during an upcoming Festival of the Performing Arts show.

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### Hoosier Reunion

Two Soldiers from southern Indiana teamed up for an unusual re-enlistment event.

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## Community Notice

### Gas shortage impacts some AAFES stations

Citing the destruction left by Hurricane Katrina, many AAFES suppliers have been given notification of "out of gas" situations at terminals around the country. As a result, there have been sporadic shortages at AAFES stations in the Southern and Eastern part of the U.S.

AAFES officials stress that the shortage should not be viewed as a limited regional issue; the situation is a national matter involving at least 40 states.

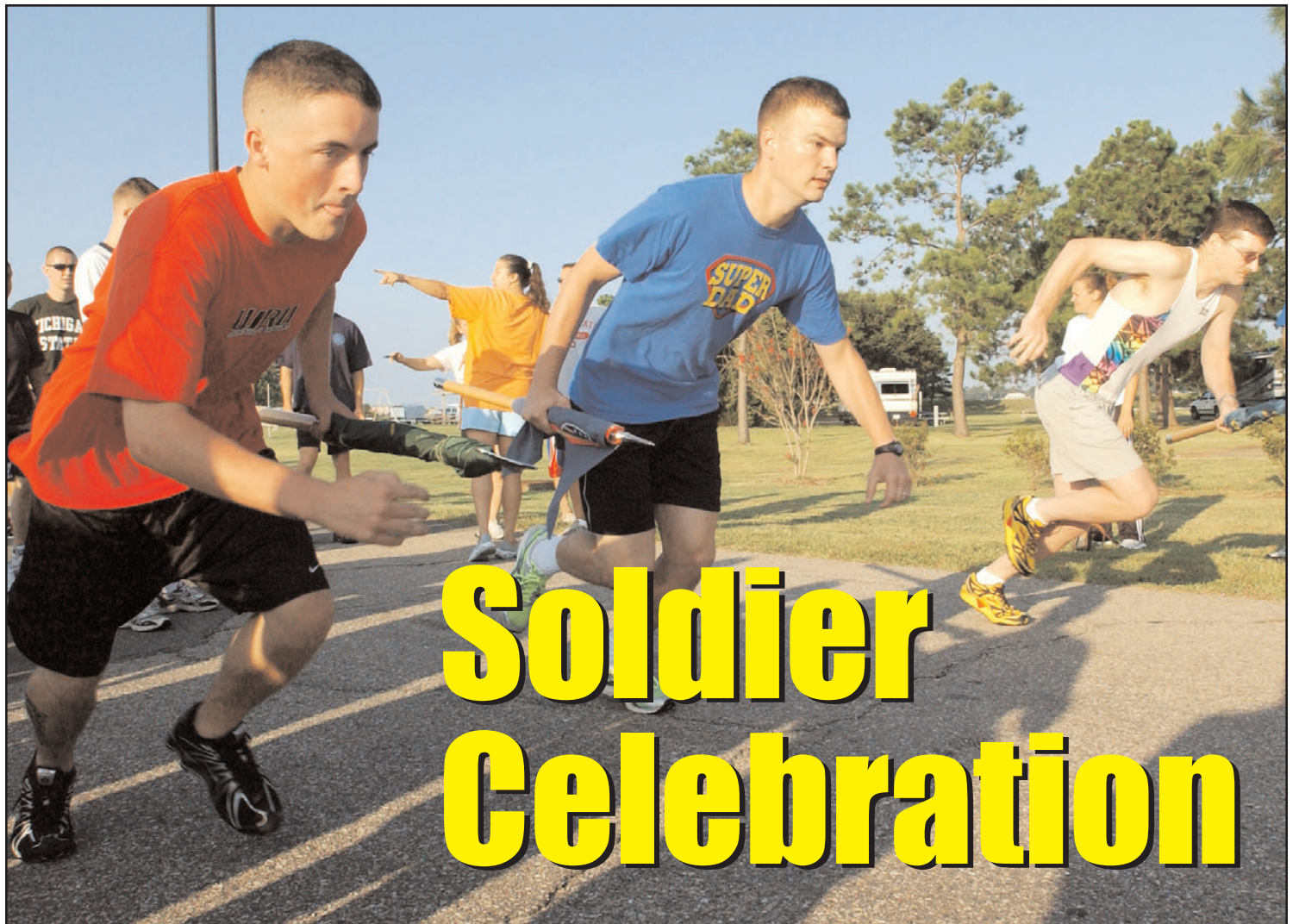


Photo by Patrick Buffett

*Spc. Kyle Mahaffey, 233rd Military Police Detachment, pictured left, Spc. Eric Ferreira, TUSCAB, center, and Sgt. 1st Class Chris Helisek of Headquarters Company begin the four-mile relay run that kicked off Thursday's Soldier Appreciation Day at Picnic Area 5. The event featured a slew of sporting activities, to include volleyball, horseshoes, a "mule" push and tug-of-war. A local radio station, Z-104, did the morning show on site. The event concluded with trophy presentations and a barbeque picnic.*

## Full marina services return after extensive storm repairs

**BY PATRICIA RADCLIFFE**  
CASEMATE STAFF WRITER

Following a year of repair work – at a cost of roughly \$660,000 – Fort Monroe's Old Point Comfort Marina can now offer its full range of services to authorized patrons throughout the East Coast.

The marina has reopened 50 slips that were severely damaged by Hurricane Isabel nearly two years ago. Over 75 mph winds and raging water stacked pier debris atop pilings in triangular formations that customers describe as resembling Christmas trees. In all, 70 slips were deemed to be unusable because of the torrents. Despite the devastation, no boats were damaged.

"The contractors have been working repairs for the better part of a

year," marina manager Theresa Grogan said. "Now that the project is completed, we have many more slips to offer and we are better protected in the event of a similar storm."

Contractors refurbished corroded and damaged anchor piles. They also repaired gangways whose "travel exceeded planned limits," replacing

**"Now that the project is completed, we have many more slips to offer and we are better protected in the event of a similar storm."**

**Theresa Grogan**  
OLD POINT COMFORT MARINA MANAGER

broken treads and boards as needed.

The newly-opened slips support 33- to 45-foot boats, Grogan said.

Other Marina modifications include its boat ramps and docks. New pedestals – the stands that provide shore power and water to each slip – replaced old, broken ones. The pier entryway was rebuilt and is sturdier. Flowering plants, beach grasses and environmentally-sound pavers are helping to restore the severely-eroded beach area.

"It's been improved structurally and aesthetically," Grogan said.

The recent improvements only enhance a "world-class" facility that now offers 314 slips, a slew of amenities and instant access to the Chesapeake Bay, she noted. The marina has

**See MARINA, Page 3**

Hispanic Heritage Month Program, Sept. 20, 10:30 a.m., Bay Breeze Community Center, See Page 2



I hope (Soldiers) know in their hearts that they are respected by a grateful nation ...

Defending freedom is what we do

In December 2003, TIME Magazine named the American Soldier as its “Person of the Year.” That was quite a statement and a clear reflection of the new mind-set across America and around the globe after the attacks of 9/11, the start of the Global War on Terrorism, and the ongoing conflicts in Afghanistan and Iraq.

The American Soldier was certainly in the news and on the minds of people everywhere.

I think it’s important for every Soldier to reflect on that particular accomplishment from time to time, and consider the enormous sense of trust and pride the U.S. continues to feel for its men and women in uniform.

Chaplain's Corner



Lt. Col. Stephen Feehan  
Post Chaplain

Like so many others, I’m convinced the American Soldier should be proclaimed “Person of the Year” all of the time.

It doesn’t matter what the circumstances are, or if

our fighting forces are currently “in the news.” And it goes far beyond the fact that our Soldiers are often called upon to fight and sometimes die on far-flung battlefields.

My reasoning is quite simple ... our mission in peacetime and conflict is to defend freedom.

I came here to “Freedom’s Fortress” from a unit that lived by the motto “Honor Bound to Defend Freedom.” Do you see a pattern here? Defending freedom is what we do. Moreover, it’s who we are.

We have all heard the saying, “Freedom isn’t free.” But that’s not exactly true. As President Bush said, referring to an Afghan woman voting in her first democratic election, “She’s

voting in this election because the United States believes that freedom is the Almighty God’s gift to each man and woman in this world.”

Freedom is not America’s gift to the world; it is God’s gift to all people. It is a gift and, therefore, it is free.

He gave us this gift so that we could choose to acknowledge, love and serve Him. Freedom is perhaps the most important gift God gives each individual as a benefit of being human.

Yet we must defend freedom because so many want to take it away. And the price of that obligation can be very costly indeed.

It’s like getting a free gift of a priceless gem or the most beautiful home you’ve ever seen. You have some-

thing of immense value and you know it must be protected. That is why we serve.

We have just had Soldier Appreciation Day and I hope all the Soldiers here feel appreciated. I hope they know in their hearts that they are respected by a grateful nation and a world in desperate need of the service we provide.

Freedom is under attack. Through intimidation and terrorism, our foes will do everything they can to promote oppression and a non-democratic way of life.

They will not be successful because of the dedication of the American Soldier to the cause of freedom.

“Freedom’s Fortress” ... “Honor Bound”

God bless you.

Hispanic Heritage Observance features Emmy-winning reporter

Mercedes Soler, a renowned Spanish broadcast journalist, will be the featured speaker for the installation’s Hispanic Heritage Month observance starting at 10:30 a.m., Sept. 20, at the Fort Monroe Bay Breeze Community Center.

The celebration will also feature Panamanian Folkloric dancing and a Salsa dancing demonstration. An authentic Hispanic luncheon buffet will follow the entertainment starting at 11:45 a.m.

Admission is free to the program, but there is a \$9

lunch fee. A sign language interpreter will be on site.

Soler has won five Emmys for her solid reporting and has interviewed a dozen Latin American presidents. She is a former broadcast journalist and anchor for Univision, America’s most watched Hispanic television network. Soler is also a successful author.

For additional information and tickets, contact Steve Friederich at 788-5452 or steven.friederich@usaac.army.mil. Tickets will also be distributed through command channels.



Mercedes Soler

Eustis offers new CLEP testing service

The Fort Eustis Army Education Center now offers computerized college-level entrance exams thanks to a recent agreement with St. Leo University. The new testing center is a first for Army installations.

All 35 CLEP tests will be available through the center and results are received immediately after taking each exam.

The tests are free for all active duty and reserve military personnel. Military retirees, family members

and qualified civilian personnel will pay \$55 per test, plus a \$20 registration fee.

Test schedules and sign up procedures will be available soon through St. Leo University. For more information, call 887-0655 or 1166.

MP Roll Call

Can you hear me now?

Fort Monroe has long been known for its picturesque, calming, and serene surroundings. In an effort to maintain this desirable environment, a new noise policy was enacted on July 21.

The Command’s goal is to preserve and enhance this enjoyable historic atmosphere for the benefit of the post’s residents, employees, Soldiers and the many visitors. The new policy is as follows:

- Any unreasonable noise, which disturbs the peace or quiet of the Fort Monroe community, is contrary to good order and discipline and is, therefore, prohibited.
- Unreasonable noise may include – but is not limited to – loud music and other sound amplifications, disruptive behavior and offensive or abusive language.
- Sound emitted from vehicles or from items carried by pedestrians such as stereos, radios and similar devices that can be heard 30 feet from the source or which disturb the peace are also considered unreasonable noise.
- The provisions of this policy pertain to all persons assigned to, in temporary duty status at or employed on Fort Monroe and their dependents or guests on the installation. This policy is punitive in nature. Failure to follow its provisions will be considered a violation of Article 92 Uniform Code of Military Justice.
- This policy does not generally apply to mechanical, maintenance or construction noises. The use of power tools, yard maintenance equipment and similar items by residents or guests of family housing may violate this policy if used in such a manner and at such times as to disturb the level of peace expected in family housing.

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Photos by James Wagner

## TUSCAB conducts explosive 1812 concert

*Photo above: A salute battery comprised of Headquarters Company Soldiers adds to the explosive climax of the Aug. 25 "1812 Spectacular" performance at Continental Park. The Soldiers synchronized the firing of 105mm Howitzers with The U.S. Continental Army Band's playing of the "1812 Overture." Photo far right: A young fan gets into the patriotic spirit of the concert. Photo right: Thousands of spectators from the local area surround the bandstand at Continental Park.*



## JTFCS planning team heads south

FORT MONROE, VA – Joint Task Force Civil Support has sent a six-member Planning Team to Atlanta in support of the Federal Emergency Management Agency's disaster relief effort in the aftermath of Hurricane Katrina.

The members of JTF-CS' Joint Planning Augmentation Cell will provide expertise in the area of planning for integration of Department of Defense forces and other federal emergency operations teams.

Experts in communications, logistics, medical support, mortuary affairs, and chemical hazards make up the team.

JTF-CS is a standing joint task force under the operational control of U.S. Northern Command. JTF-CS plans and integrates the DoD response to the Primary Federal Agency for domestic conse-

quence management operations during chemical, biological, radiological, nuclear or high-yield explosive situations.

According to Lt.Col. George Fredrick, JTF-CS planner, minus the prolonged hazards of a chemical or radiological attack, the devastating effects of Hurricane Katrina are similar to those of a CBRNE incident.

"The reason we're going and not somebody else is because we have the training and the skills that will be useful to the commander of U.S. Northern Command," said Fredrick.

The United States military has, historically, deployed its forces when and where required to provide humanitarian assistance to help state and local officials cope with natural and man-made emergencies.

## MARINA Continued from Page 1

24-hour security and a full-service maintenance facility, which includes an indoor bay and wet slip supported by a six-ton lift.

All of the creature comforts are also taken into consideration. Boaters have access to bathroom, shower and laundry facilities.

The ship's store carries everything from snacks to fishing equipment and bait. And Thumper's restaurant sits atop the main marina building, providing breakfast and lunch during the work week.

Authorized Marina customers also have access to Fort Monroe's other recreational activities. These include the fitness center, indoor and out-

door swimming pools, tennis courts, picnic areas and the bowling center. Most of Fort Monroe's historical sites, to include the Casemate museum, are within 10-minutes walking distance of the marina.

Owned and operated by the Army, the marina's full compliment of services are available to active and retired military members, Reservists, National Guardsmen, Department of Defense and Nonappropriated Fund civilians and contractors working on Fort Monroe.

Public access to the marina is also authorized, but limited.

For more information about marina services, fees and hours of operation, call 788-4308.

## Green to Gold Scholarship opportunity still open

Enlisted Soldiers still have an opportunity to compete for a Green to Gold Scholarship. The application window closes Oct. 1.

A selection board will convene on Nov. 8 with announcements of awardees approximately 10 days later.

The Green to Gold Scholarship provides scholarship funding for up to four years depending on

degree requirements. The scholarship will provide up to \$20,000 per year for tuition and fees, an annual \$900 book allowance, and a monthly stipend which starts at \$250 and ramps up to \$400. Soldiers will be able to use the Montgomery GI Bill and College Fund benefits in addition to the scholarship. For more information, contact the Fort Monroe or Eustis Army Education Centers.

## Labor Day Safety

Labor Day weekend traditionally marks the end of the summer vacation season. Many families use this time to take that one last trip, throw one more barbeque for friends, or head to one of the many beautiful beaches and pools in this area.

Unfortunately, all of this holiday fun can turn into tragedy when safe practices are ignored or if drivers use poor judgement and take unnecessary risks.

According to the Combat Readiness Center, there were 119 Soldiers killed in privately owned vehicle accidents during FY 2005. In Virginia, there were 14 persons killed during the Labor Day holiday weekend in 2004.

The unsafe driving behaviors that contributed to these fatalities were drinking and driving, speed, fatigue and not wearing seatbelts.

Always buckle up on every ride and insure everyone in your vehicle remembers to do the same. If your trip is long, take regular breaks, especially when driving at night or travelling by yourself. As everyone knows, speed kills — always obey posted speed limits.

And never drink and drive!

Never swim alone or in off-limits areas. Dangerous riptides and currents can be found along much of the coastline in Virginia. Boaters should always wear life jackets and follow all boating rules. And regardless of what you're doing on the water, do it sober.

It is my sincerest wish that you have a pleasurable holiday, and that every member of Team Monroe returns safely.

**Col. Jason T. Evans**  
**Garrison Commander**



# Post Soldier lands ‘Encore’ performance

**BY PATRICK BUFFETT**  
CASEMATE STAFF WRITER

Dreams of superstardom are prevalent among little girls.

Few can resist the fun of dressing up in lavish costumes and practicing beauty-queen waves. Hairbrushes and spray bottles become makeshift microphones, and any convenient mirror offers an instant audience of one.

Staff Sgt. Janice Johnson, a Fort Monroe Soldier assigned to U.S. Army Cadet Command, clearly recalls that period of her youth. She fancied the glamorous life of stage-music-divas like Bette Midler, Barbra Streisand, Whitney Houston, Anita Baker and Donna Summer.

“I call them my teachers,” the now 39-year-old paralegal NCO said. “I spent a lot of time in the bathroom rehearsing song after song and trying to hit all of the same notes. I wouldn’t quit until I got it just right.”

Those childhood practice sessions never led to a lucrative singing career, but that’s quite alright with Johnson. She has had plenty of opportunities to showcase her vocal talents during her 19-plus-years in the service. They will soon include her most-recent selection as the only Army performer from the Commonwealth who will take part in the 2005 “Encore” variety show scheduled for Sept. 15 in Leesburg, Va.

Johnson will share the spotlight with 14 other Soldiers from a variety of installations like Fort Gordon, Ga., Fort Lewis, Wash., Fort Campbell, Ky., and Fort Jackson, S.C. She was chosen by talent scouts who saw her perform at a talent show at Fort Eustis in May. The “Encore” variety show is part of the six-day Better Opportunities for

Single Soldiers (BOSS) Forum that will draw participants from Army bases across the nation.

“This is as big as it gets for me,” Johnson said. “I’ve always been content just singing for fun in front of a small gathering, and the Army has given me so many wonderful opportunities to perform at that level. I’m glad I can repay that by representing our installation and the Army this one last time.”

As she prepares to retire from the service at the end of December, Johnson has many fond memories of post-level performances, to include a few local talent shows and a whole slew of ceremonies and ethnic gatherings.

“Just before I came in the Army I had an opportunity to sing at the Hollywood Bowl during my high school graduation. I think that intensified my buzz to perform,” the Los Angeles native said. “So, during my first duty assignment at Fort Hood, Texas, I participated in a local talent show and I guess it got around that I could sing. After that, it was just word of mouth. Every time I would move to a new duty station someone would come along and ask me to perform at an event.”

Johnson’s most recent performances at Monroe include the post prayer luncheon in May and a pair of retirement luncheons since then.

“I don’t think I’ll ever reach the point where I’m not nervous before I sing,” she said. “I still obsess about hitting certain notes and I’ll play a song over and over again



*Staff Sgt. Janice Johnson*

before a performance until I get it right. Inevitably, on the day of the event, I get to the end of a song and think ‘that was terrible.’ But then, someone from the audience walks up and says, ‘thank you’ and all that goes away. I guess I’m my own worst critic.”

A few people have told the staff sergeant that her vocal range is comparable to that of Whitney Houston’s. She blushed at the notion and joked “they probably wanted me around for comedic relief.”

Nonetheless, her career does include two assignments with military music groups – the 4th Infantry Division Band and the 1st Cavalry Division Band at Fort Hood. And, a few years ago, she performed at a DACOWITS (Defense Advisory Committee on Women in the Service) function in Austin, Texas that was attended by a princess from Jordan.

“I had an opportunity to audition for the (U.S. Army) Soldiers’ Show in 1987, but I was just getting ready to PCS to Germany so I said ‘no thanks,’” Johnson said. “I guess the performer in me regretted that decision because I’ve never seen one of those shows since. I know I would sit there beating myself up,

thinking ‘that could be me up there on stage.’”

She attributes that part of her personality to her family. Her dad is a Ray Charles impersonator who performs regularly in Las Vegas, Hollywood, Fla., and Atlantic City, N.J., as part of a musical group called “Legends.”

“I performed with him once at the New York, New York (Hotel and Casino) in Vegas,” Johnson said. “That was a lot of fun, and he even asked me if I want to go on the road with him. But I’m still not ready for that lifestyle ... always on the road and away from home.”

That part of her personality relates to her being a single mother of two, she said. While her son, Antonio, is now 20 years old and an Army private first class, her daughter, Rykara, 14, still “deserves her undivided attention.”

“When I get out, we’ll be heading back to Texas and I want to pursue a job with human resources,” said Johnson, who has a Bachelor of Science degree in that specialty. “I’ll still look for opportunities to sing, but I don’t know if that will ever be the number one thing in my life.”

Like any good NCO – and performer – Johnson attributes much of her success to those who supported her behind the scenes. That “cast” includes the chain of command that gave her the leeway to rehearse and perform. She also gave a nod to the audiovisual team at Fort Monroe for “making her sound good,” and the Bay Breeze Community Center staff for holding her food until the song was done. “Never forget the people who feed you and work your audio ... that’s important,” she quipped.

“Honestly, though, I’ve had the best military career,” Johnson concluded. “That little girl who used to sing in the mirror had every opportunity to not only learn and grow, but also pursue her dream. I truly have been blessed, and I can only say that it has been an honor to not only serve alongside my fellow Soldiers, but also perform for them as well.”

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Photo by Patrick Buffett

*Sgt. 1st Class Russell Hair, TUSCAB, and Staff Sgt. Howard Henry, HHC, go head to head at the net during the Soldier Appreciation Day volleyball competition Thursday at Continental Park.*

# Soldier Appreciation Day



Photo by James Wagner

*A pair of TUSCAB players prepare to fire at opponents during the dodge ball competition.*



Photo by Patrick Buffett

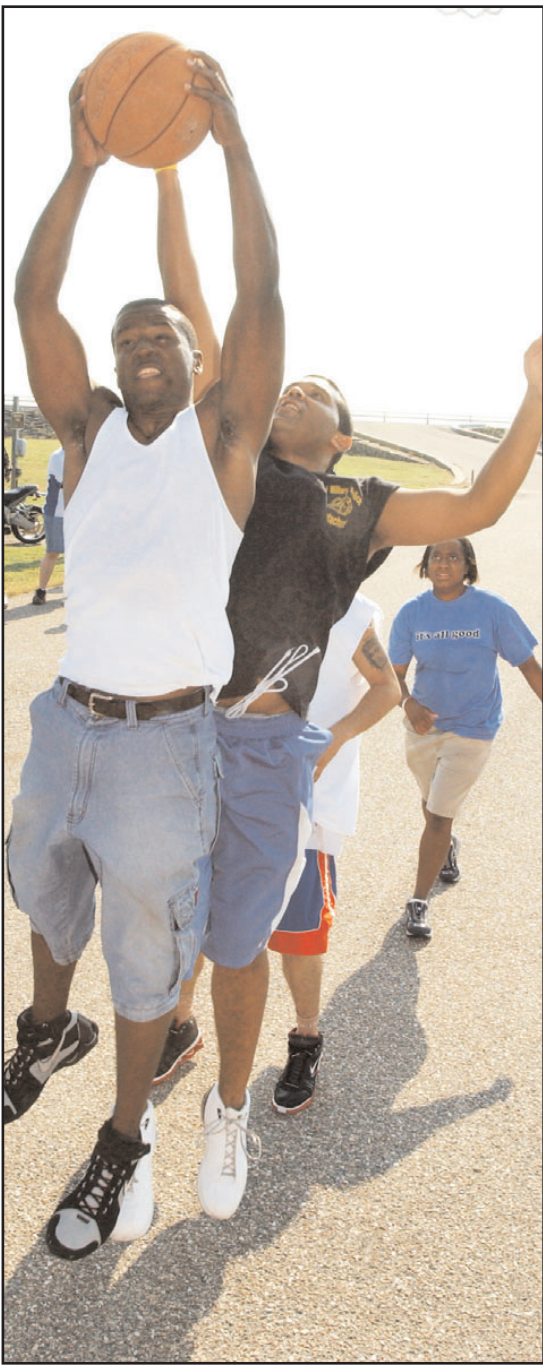
*Sgt. Maj. Timothy Pentecost keeps a close watch on competitors during the military “Simon Says” event. Also pictured is Cpl. John Rodgers of HHC, who ultimately won the event alongside Spc. Katherine Brown. Photo right: A competitor from MEDDAC displays finesse while participating in the water balloon toss.*



Photo by James Wagner



*Photo above left: Sgt. Jason Bemis of TUSCAB teams up with Sgt. 1st Class Allen Freeman (not fully shown) during the “mule push” competition. Photo above: Sgt. Elisha Johnson, HHC, slides past Sgt. Dale Simpson, 233rd MP Detachment for a score during the Soldier Appreciation Day basketball competition.*



Photos by Patrick Buffett



Full, part-time and hourly family care providers are needed. A training session for new providers will be conducted Sept. 12 through 16. For more information, contact Romona Butler at 788-2698.

**Blood drive volunteers**

The Fort Monroe Chapter of the American Red Cross seeks friendly, enthusiastic volunteers to assist with on-post blood drives. Two featured opportunities are:

**Recording secretary** – records advisory council business during meetings held once every other month.

**Publicity chairperson** – works with local media to publicize blood drives and with the Mid-Atlantic Blood Services coordinator to publicize current donor criteria.

Contact Paula VanAntwerp at 722-0106 for more information.

**Thrift Shop  
reopens**

The Fort Monroe Thrift Shop will reopen Sept. 13 at 10 a.m. Thrift Shop volunteers will accept fall and winter clothing, furniture and other non-clothing items for consignment.

Donations of clothing, furniture, toys, books, kitchen gadgets, knick-knacks, etc., are also welcome. Items may be placed in the donation box 24 hours a day. If a tax form is needed, bring the items to the shop during business hours.

Volunteer opportunities with the shop are also available on Tuesdays and Fridays. Tuesday volunteers are especially needed.

Business hours are Tuesday and Friday from 10 a.m. to 2 p.m. Consignment hours are 10 a.m. to 1 p.m. on those days.

For more information, call 788-2566.

**Clinic closes  
for Labor Day**

The Craven Army Health Clinic is closed today and Monday in observance of Labor Day.

For emergency medical treatment, go to the nearest emergency room at Sentara Riverside, Mary Immaculate or Langley Air Force Base. McDonald Army Community hospital, Fort Eustis, will also offer non-emergency care.

**PWOC celebration**

The Fort Monroe Chapter of the Protestant Women of the Chapel will celebrate their 50th anniversary Tuesday from 9:30 to 11:30 a.m. at the Chapel Center on post.

It will be a morning filled with songs, fun, food and a presentation on the history of the PWOC.

For more information, call the Chapel Center at 788-2611.

**CCC luncheon**

The Casemate Community Connection will host a “Bunco Madness,” meet-and-greet luncheon Thursday at the Bay Breeze Com-

munity Center. Social hour starts at 10:30 a.m. and lunch is served at 11:30 a.m. The cost is \$12.

For reservations, call 327-0416. The reservation deadline is today.

**Christmas ornament**

The Casemate Community Connection is selling the 2005 James Garfield Ornament (part of the White House Ornament Collection) to raise funds for the organization. The price is \$17.

Ornaments may be purchased at Thursday’s “Bunco Madness” luncheon. For more information, call 224-9257.

**History talk**

The Historical and Archeological Society of Fort Monroe will meet on Sept. 12 at 11:30 a.m. at Delargy’s Bistro, 1814-A Todds Lane in Hampton.

The guest speaker will be Anna Holloway, curator of the Monitor Center, Mariners Museum, Newport News. She will give an illustrated talk on the Monitor Center, which is scheduled to open in 2007.

The meeting is open to the public. For more information, contact David Johnson at 788-3935.

More NEW CLIPS, Page 17

5 X 10  
AD

# Sergeant’s ceremony offers ‘taste of home’

**BY PATRICK BUFFETT**  
CASEMATE STAFF WRITER

A Fort Monroe military police sergeant found a small taste of home during his unusual Aug. 24 re-enlistment ceremony here at the Casemate Museum.

Ready to commit to another five years in the Army, Sgt. Christopher Smith of the 233rd MP Detachment tracked down one of the few people on post who could properly pronounce the name of his hometown – Loogootee, Ind. – and asked the officer to administer the oath of re-enlistment.

That person was none other than Lt. Gen. Anthony R. Jones, the acting commanding general of U.S. Army Training and Doctrine Command. Jones also grew up in Smith’s “neck of the woods.” He hails from the small town of Washington, Ind., which is about 12 miles west of Loogootee (pronounced la-go-tee).

The location of the re-enlistment ceremony also offered a bit of irony. The military police sergeant, who is more accustomed to looking at others behind bars, chose the inside of the historic jail cell where Jefferson Davis, President of the Confederacy, was detained for four-and-a-half months in 1865 as the site for his ceremony.

“What an amazing twist of fate.

I’m probably the only other person on post who knows where Loogootee is and how to pronounce it correctly,” Jones joked while opening the ceremony. “But here we are, two Hoosiers from neighboring small towns who share at least one other common bond ... the commitment of serving our country. I think that says something about the interesting dynamics of military life.”

The general then referred to Smith’s decision to re-enlist as “an act of courage.”

“Chris has already contributed eight years to the service,” Jones continued. “He started out in the Marine Corps ... and then joined our team. Today, he takes yet another step in his career. This moment is about sacrifice and I know our nation is grateful.”

After the oath, Smith thanked “the most important person in his life” – his wife Candi – for her support and friendship. He also acknowledged his friends among Monroe’s military police corps and thanked his commander and first sergeant for “keeping him on the right track.”

“I guess the one thing I appreciate most about being in the service is the opportunity to travel and see so many different places,” Smith said after the ceremony. “Prior to signing up for the Marine Corps, I



Photo by James Wagner

***Lt. Gen. Anthony R. Jones, TRADOC’s acting commanding general, poses with fellow Hoosier, Sgt. Christopher Smith of the 233rd Military Police Detachment, during an Aug. 24 re-enlistment ceremony.***

had never been outside of Indiana. “That first enlistment was for five years and then I got out,” he said, also noting that he was a military policeman during that initial hitch.

“It didn’t take long for me to realize how much I missed the military life, so I started looking for a way back in. The Marines were in the middle of a big downsizing phase at that time, so I found a spot in the Army.”

Of his military travels thus far, Smith said Camp Humphrey, Korea

is among the most memorable. “I think I learned a lot about leadership there,” he said. “I’m looking forward to applying those skills as I continue on in the service.”

For at least the next year, Smith will remain at Fort Monroe as a result of his re-enlistment deal. The Army also rewarded him with a bonus of “somewhere near” \$15,000 – money he said he will definitely invest.

“Aside from all that, I’ll just enjoy my time here and then go wherever the Army needs me.”

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3 X 7  
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*Bill Walsh reacts to a triple threat mounted by three 3-year-olds armed with garden hoses. The youths pictured include Travis Harlow, center, and Trey Walsh, right. The third youth was not identified. Walsh came on the scene to rescue a sprinkler from his son during the annual Kid's Day celebration on Aug. 27 at the parade field inside the moat.*

# Kid's Day

The annual Fort Monroe celebration gives children an opportunity to cavort in an environment filled with inflatable toys, games and other entertainment before the school year begins.



*Angela Sharkley, 3, checks out a police cruiser that belongs to the Fort Monroe Provost Marshal Office. Also pictured is Sgt. Leon Coleman of the 233rd Military Police Detachment.*



*Above left: Fleet Family Support Center rep Neko Brown shares information with Gary Coles. Above right: Jessica Jones, 4, prepares to whack the stuffings out of a pinata. Photo below: Post firefighter Greg Land shows ambulance equipment to (l-r) Brandon and Brendan Klevons, 9, Ashley, 6, Avery, 7, and Alex Aldredge, 11.*



*Angelica Deleon, 9, negotiates an inflatable obstacle course.*

*Photos by Patricia Radcliffe*

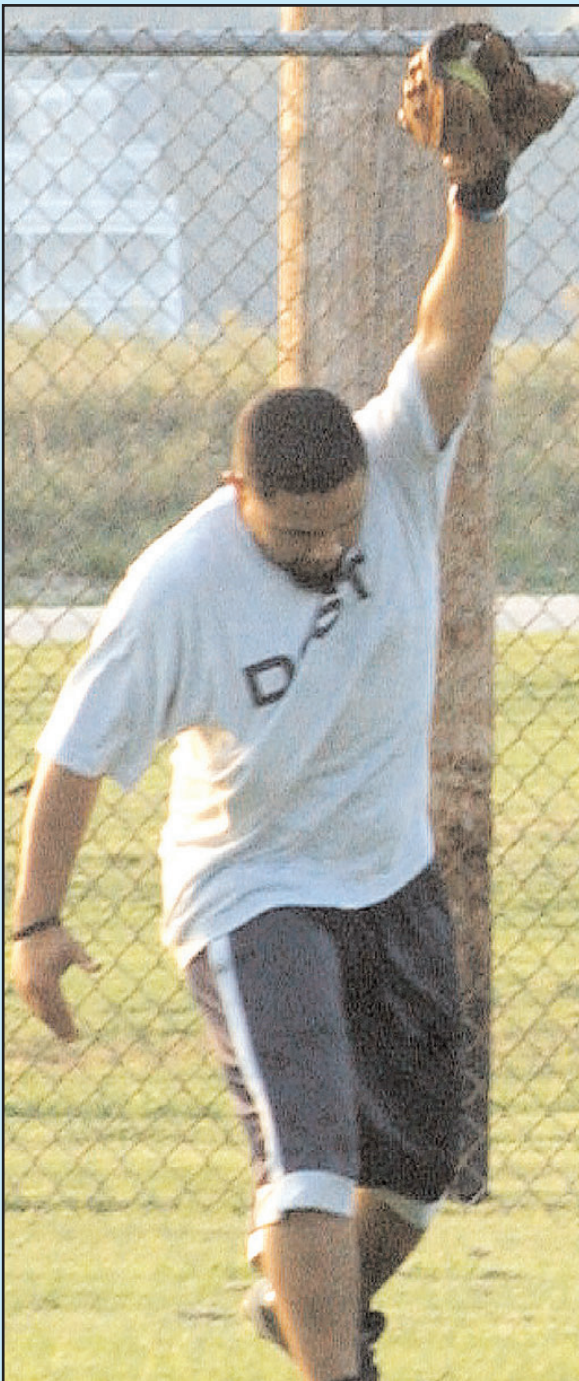


# Sports & Health

Got any sports results?  
Need to advertise an upcoming event?  
Give us a call at 788-3208 or e-mail [casemate@monroe.army.mil](mailto:casemate@monroe.army.mil).



## DCST trounces GW: 17-6



Photos by Patricia Radcliffe



Above: The expression "too little, too late" applies as the USS George Washington catcher tags DCST runner Daniel Bjorklund after he safely trotted across home plate during the Aug. 24 intramural championship softball game.



Photo left: Robert Resto snags a fly to give GW an out. Above: Resto grabs a grounder in a separate play.

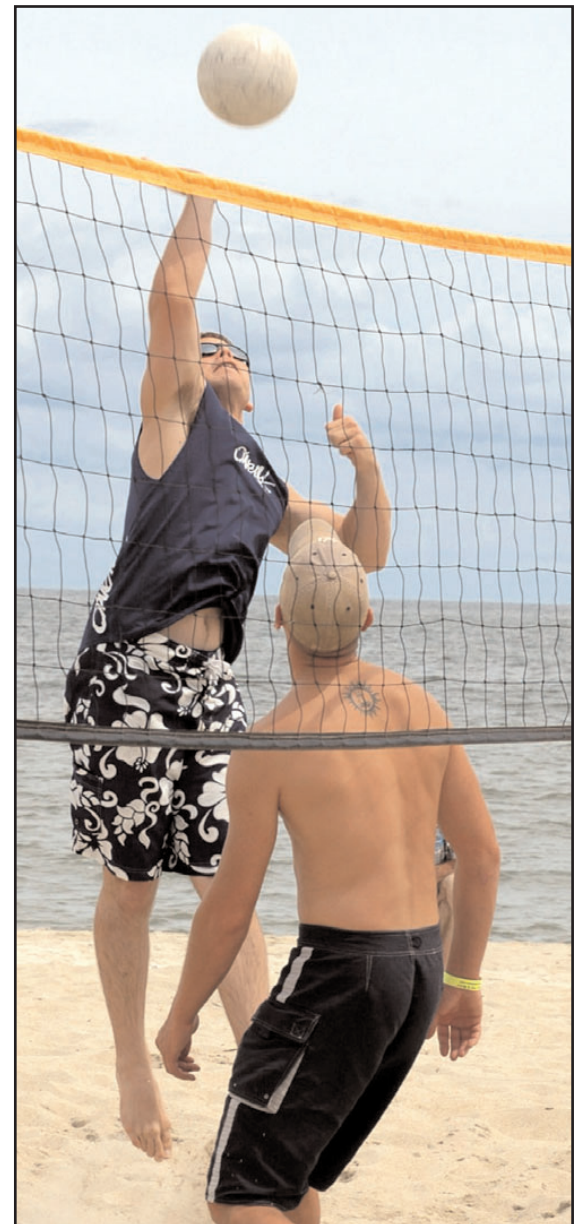


Photo by Petty Officer 3rd Class Sarah Cahill

### Net Result

Jerry Porter attacks the net during a volleyball competition that was conducted as part of the Joint Task Force - Civil Support Family Day Picnic held at the Bay Breeze Community Center Aug. 26. A variety of other sporting events and kid's activities made it a day of fun and relaxation.

## Healthy Living

### Stroke Screening

Stroke is the third leading cause of death nationwide, and the second among women; yet, it can be prevented. Life Line Screening will perform a day of preventive health screenings at the Fort Monroe Fitness Center on Sept. 28.

Life Line Screening examines the carotid arteries in the neck for plaque (most strokes are linked to carotid artery blockage) and the arteries in the legs for peripheral arterial disease, which is linked to heart disease.

They offer a third test that screens for aneurysms in the aortic vessel in the abdomen. Ruptured aortic aneurysms are the thirteenth leading cause of death in America (tenth among men). Life Line Screening will also offer bone density screenings that test the risk for osteoporosis.

These tests cannot be ordered by physicians without clear evidence of symptoms. Ironically,

most people who suffer a stroke or aortic abdominal aneurysm never show any signs that a major medical catastrophe is about to occur.

These non-invasive, completely painless vascular screenings take about 10 minutes each, and are offered for \$45 (all three for just \$109). The osteoporosis screening is \$35. The four tests are available for \$129.

Everyone who wants to be tested must pre-register by calling 1-800-407-4557. Appointments are limited throughout the day.

### Hearing aids

Active duty family members (ADFM), who meet specific hearing-loss requirements, are now eligible to receive hearing aids, services and supplies as a TRICARE benefit.

Previously, hearing aids and services were only available to beneficiaries who were in the Program for Persons with Disabilities. The FY02

provision allows for coverage of a hearing aid to ADFMs diagnosed with a "profound" hearing loss. With the assistance of service physicians and audiologists from both DoD and Veterans Affairs, TRICARE established separate hearing-level thresholds for adults and children.

Eligible beneficiaries who suspect that they or a family member have a hearing loss should schedule an appointment with their primary care manager for an initial examination.

For more information, beneficiaries may visit the TRICARE Web site at [www.tricare.osd.mil](http://www.tricare.osd.mil).

### Anger Management Classes

An ongoing Anger Management Class is offered through Army Community Services. The classes meet each Monday from 11:30 a.m. to 1 p.m. at the Soldier and Family Support Center, 96 Stilwell Road. For more information or to register for the class, call 314-7901 or 788-3878.



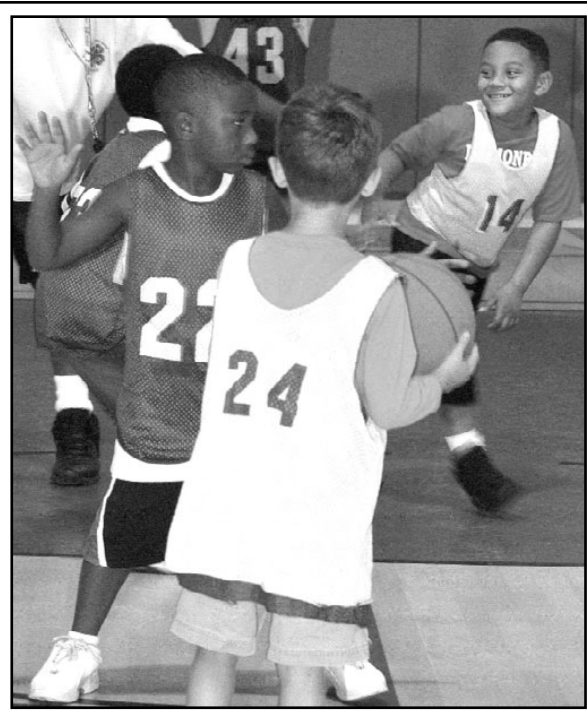


Photo by Patricia Radcliffe

### Working the court

*Eddie McLarney, center, tries to find an open man during an end of summer basketball camp game at the Community Activities Center on Aug. 22. Six-year-old Roshad Nixon, tries to guard against a successful interception by Julian Evans, right.*

### Bowling Center signs youths

The Fort Monroe Bowl is looking for players to join its youth bowling league. The sign-up deadline is Sept. 25. The league starts Sept. 27. Youth ages 5 and up may participate. For more information, or to join the league, call call 788-2939.

## Sports Roundup

### Bowling leagues

New leagues are forming at the Fort Monroe Bowling Center. They include:

**“Over the Hump” Wednesday trio** – Three person mixed teams, handicap league. Season consists of three, 12-week sessions. Bowling begins at 6:30 p.m. on Sept. 7.

**Sunday Night Fellowship league** – Four person mixed teams. Bowling starts at 6 p.m. on Sept. 11. This is a USBC sanctioned league.

**Officer and Civilian mixed bowling league** – Four person mixed teams, handicap league.

For more information, call 788-2939 or visit [www.monroemwr.com](http://www.monroemwr.com).

### Square dancing

Square dance classes begin Sept. 12 at Palmer Elementary School, 100 Palmer Lane, Newport News. Classes will be held every Monday from 7 to 9 p.m.

For more information call Linda Brown at 872-9392.

### Bay Days 10K

The Abbitt Realty Bay Days 10K race will take place Sept. 10 during the Hampton Bay Days celebration.

Experienced and novice racers are welcome to compete for this year’s top prize of \$3,000.

A one-mile fun run begins at 7:30 a.m. and is followed at 8 a.m. by the 10K race. Check-in time is 6:30 a.m. at the Virginia Air & Space Center, 600 Settlers Landing Road.

Both race events will begin at the Virginia Air & Space Center and conclude at the Eaton Street stage, with post-race refreshments provided to all participants. The awards ceremony and door prize drawings begin at 10 a.m. All racers will receive a long-sleeved, Hampton Bay Days t-shirt.

### Golf fundraiser

The Tidewater Chapter of the Adjutant General Corps Regimental Association will hold a fundraiser golf tournament on Sept. 16 at Pines Golf Course, Fort Eustis. Sign in will be conducted between 7 and 8:15 a.m., followed by the shotgun start at 8:30 a.m.

The format is Captain’s choice, four-person teams. Golfers may sign up with a team or as an individual and be placed on a team.

The cost is \$35 per person, which includes green fees, cart, range balls and a buffet lunch. Mulligans are two for \$5.

There are prizes for the first and second flights, longest drive and closest to the pin. Door prizes will also be awarded.

### Youth tennis

Registration is underway for the youth fall tennis season. The deadline for sign-up is Sept. 30. The season begins Oct. 11. Participants must be a member of CYS and have a current physical. Kids 5 years old and up may participate.

The cost is \$40 for the first child, and \$32 for each additional child from a family. For more information, call Mike Jones at 788-3957 or stop by the Community Activities Center.

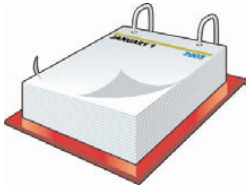
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# MoatNotes

UPCOMING SPOTLIGHT EVENTS

Ethics Training . . . . . Sept. 6  
Blood Drive . . . . . Sept. 7  
Newcomer’s Orientation. . . . . Sept. 8  
GO Retirement Ceremony . . . . Sept. 8  
Fatherhood Conference . . . . . Sept. 16  
Hispanic Heritage Program . . Sept. 20  
For more on these and other upcoming events, see listings below or other stories and briefs in this issue.



Sept. 2

Fest finale

The fort’s final Summerfest by the Bay celebration will take place today from 5 to 9 p.m., at the post outdoor pool and along the boardwalk behind the Bay Breeze Community Center.

Featuring live music by the Spice of Life Band, the gathering also includes games, swimming, beach volleyball and barbequed food. The event is open to the public and reservations are not required.

If severe weather occurs, the event will be cancelled. For more information, call 788-2850.

Sinnett Trio

The American Theatre, Hampton, welcomes back local drummer, composer and radio personality Jae Sinnett for another incredible evening of contemporary jazz music today at 8 p.m.

The Sinnett Trio will be joined by Justin Kauflin, an 18-year-old music prodigy. Born legally blind, Kauflin has been studying music since age 4. He is an exciting impro-

visational performer with a natural talent for soulful jazz.

Tickets are \$20 and \$25 depending on seating location. Discounts are available for seniors, students and military. For reservations, call 722-2787.

**Uniform exhibit**

The Virginia War Museum’s latest exhibit titled “Back to School – In Cadet Gray” is now open. The exhibit features a variety of uniforms worn past and present by the cadets of the U.S. Military Academy, West Point, N.Y., and the Citadel, Charleston, S.C.

The museum is open Monday through Saturday from 9 a.m. to 5 p.m., and Sunday from 1 to 5 p.m. Admission is \$6 for adults, \$5 for senior and active duty military and \$4 for children ages 7 to 18. For more information, call 247-8523.

Sept. 3

Beach Boys

From their first hit single “Surfin” to popular hits like “Little Deuce Coupe” and “Kokomo,” the

Beach Boys have long epitomized the spirit of the California lifestyle. The group’s chart-topping songs span nearly four decades and are a favorite of audiences around the world.

On Saturday, Tidewater-area residents can experience the wonder of this award-winning group first-hand during a 3 p.m. performance at Hampton Coliseum. Tickets are \$5. For more information, call 838-5650.

**Free concert**

The newly completed River Walk Landing along Water Street, Yorktown, will be the site of a free outdoor concert featuring the Ninth Virginia Symphony Saturday. The award-winning Fifes and Drums of Yorktown will open the show at 6 p.m., following by the symphony performance at 7:30.

Vendors will be on site with light picnic fare, hot dogs, desserts and soft drinks. Guests may also bring their own picnic basket, as well as blankets and lawn chairs to make themselves comfortable.

Signs will be posted to direct visitors to available public parking. A

free, handicap-accessible shuttle service will be available from 5 to 7:30 p.m., and following the concert. For more information, call 898-1243.

**Block party**

The Saturday Night Block Party along Queens Way in Downtown Hampton will feature the music of Jack’s House. The celebration starts at 6 p.m. The street fair is fun for all ages and features an “alcohol-free” children’s area. Admission is free. For more information, call 727-1570.

**HMS Bounty**

Reservations are now being accepted for deck visits aboard the historic H.M.S. Bounty, which will be docked along the newly opened River Walk Landing, Yorktown, throughout the Labor Day weekend. Visiting hours are 10 a.m. to 5 p.m., Saturday; and 11 a.m. to 6 p.m. Sunday and Monday.

Tickets are \$5, and advance reservations are required. For more information, call 890-3003 or 596-2222.

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MOAT NOTES

Sept. 3

Sidewalk sale

Olde Towne Portsmouth's 2nd Annual Labor Day Sidewalk Sale is set for Saturday from 10 a.m. to 2 p.m. More than 100 vendor's booths will be located along the shady sidewalks of High Street. Local radio station 101.3, 2WD will conduct several prize drawings during a live broadcast. The top prize is \$1,000 in cash.

The event is free and open to the public. Guests will find free parking at the Middle Street Garage. For more information, call 393-1622.

Sept. 6

Free computer classes

If you're troubled by the "techno-speak" of basic software, or a bit intimidated by the insanity of the Internet, you might want to sign up for one of the many computer classes offered by the Newport News Public Library system each month.

At The Movies

Showing at the Fort Eustis Theater

Friday, Sept. 2

7 p.m. — Wedding Crashers (R)

Saturday, Sept. 3

2 p.m. — NO SHOW

7 p.m. — Hustle & Flow (R)

Wednesday, Sept. 7

7 p.m. — Sky High (PG)

Thursday, Sept. 8

7 p.m. — Wedding Crashers (R)

Friday, Sept. 9

7 p.m. — Deuce Bigalow: European Gigolo (R)

Saturday, Sept. 10

2 p.m. — NO SHOW

7 p.m. — Must Love Dogs (PG-13)

Wednesday, Sept. 14

7 p.m. — NO SHOW

Thursday, Sept. 15

7 p.m. — Deuce Bigalow: European Gigolo (R)

\*The Langley Air Force Base movie theater is closed for renovations.

Adults \$2, children 6-12 years old \$1.50 and children under 6 are free. If a child under 6 occupies a seat at a G-rated movie, admission is \$1.50. For more information, call 766-1237.

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The classes include: Basic Computer Use, scheduled for 6:30 p.m. Tuesday at Grissom Library; Beginning Word, with individual classes scheduled for Tuesday, Sept. 13, and 27 at the Main Street Library; and Basic Internet Use, scheduled for 10 a.m., Wednesday or 6:30 p.m. Sept. 20 at Grissom.

All classes are free. Some may require a prerequisite course also provided by the library system. Participation requires advance registration. For complete information about classes offered, dates and times, call 247-8875, or visit [www.nngov.com/library](http://www.nngov.com/library).

Sept. 8

Military Tattoo

Langley Air Force Base and its Heritage of America Band are proud to present the Air Combat Command Tattoo Sept. 8 and 9 at Memorial Park. Both shows begin at 6:30 p.m.

In addition to the host band, the event will feature the Fifes and Drums of Colonial Williamsburg, Langley's "Escadrille" silent drill team, and the people and planes of the 1st Fighter Wing. The celebration pays tribute to America's veterans and the long and historic relationship between communities in the Tidewater area and local military installations.

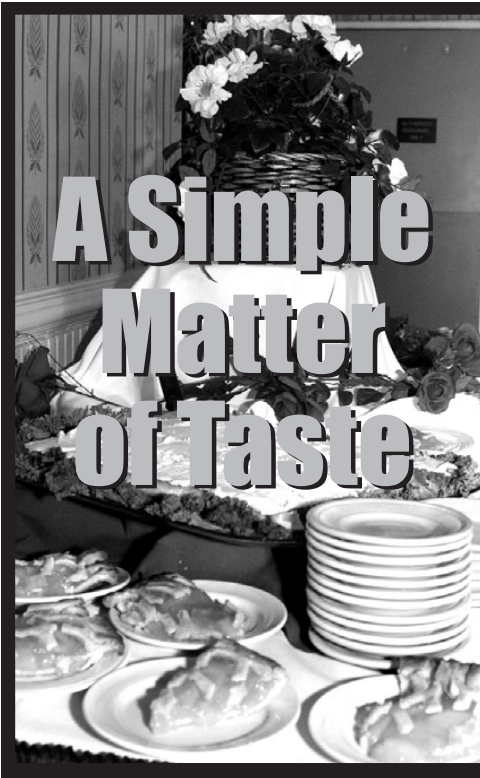
The Tattoo is free and open to the public. For more information, call 764-2931.

Sept. 9

Bay Days

The City of Hampton will host its 23rd Annual Bay Days celebration Sept. 9 through 11 along the waterfront in the historic downtown district (Settler's Landing Road).

This year's festival will feature four stages of live entertainment. National performers include Virginia-born country artist Tommy Wood, the rhythm and blues band The Janitors, and rock legend Bo Diddley. Local favorites include the Virginia Coalition, Heather Edwards Band, and even an Army Top 40 show. All concerts are free.



Other Bay Day events include a flea market with more than 100 vendors, a car and motorcycle show, and a full-scale carnival. The festival hours are noon to 11 p.m., Friday, 10 a.m. to 11 p.m., Saturday, and noon to 6 p.m., Sunday. For more information, and a complete schedule of events, visit [www.bay-days.com](http://www.bay-days.com).

'Midnight Rider'

The 3rd Annual "Midnight Rider" bicycling event for families is scheduled for Sept. 9, starting at the Virginia Marine Science Museum, Virginia Beach.

The event is part of the city's summer-long Neptune Festival. It is not a race — participants depart in groups, starting at midnight, and ride at their own pace along the city's paved and well lit bicycle trails.

The participation fee is \$10 per bike, or \$20 for a family. For more information, and a registration form, visit [www.neptunefestival.com](http://www.neptunefestival.com) and click on the "events" link.

Sept. 10

Gospel tribute

National recording artists Keith Johnson and Angela Spivey will be among the performers featured dur-

Bay Breeze  
Community Center  
Champagne Brunch

Join us Sept. 11 and every Sunday in October and November from 11 a.m. to 2 p.m. The brunch is open to the public and it features a waffle bar, omelet station, and a wide range of desserts. Prices are \$10.95 for adults and \$5.95 for children ages 5-12 (under 5 eat free). Reservations are suggested, but not required. Call 788-2406.

ing the "Gospel Tribute to Honor Our Fallen Heroes" at 7 p.m., Sept. 10 at Willet Hall, Portsmouth.

Tickets are \$22.75 and \$19.75 depending on seating location. A portion of the proceeds will go to the families of military service members killed in action.

For more information and reservations, call 393-5144.

Sept. 12

'Grand' opening

Michael Crawford, the Tony- and Olivier-Award-winning performer from "The Phantom of the Opera," will sing with the equally famous New York Pops during the grand opening gala for the newly completed Ferguson Center for the Performing Arts, CNU Campus, Newport News, Sept. 12 at 8 p.m.

Tickets for the show range from \$135 to \$175, depending on seating location. To make reservations by phone, call the nearest Ticketmaster distributor (872-8100 or 671-8100). Tickets may also be purchased at the Ferguson Center Box Office, which is open Monday through Friday from 10 a.m. to 6 p.m.

A complete concert schedule for the '05-'06 season can be found at [fergusoncenter.cnu.edu](http://fergusoncenter.cnu.edu).

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# NEWS CLIPS

Continued from Page 7

## Planning committee meeting

The National Disabilities Month planning committee will meet Wednesday at 1:30 p.m. in Room 268 of the Craven Health Clinic. Anyone who would like to take part in the planning of this year's observance is invited to attend. For more information, call Reginald Diggins at 788-2979.

## Identity theft seminar

The Fort Monroe Credit Union will host an Identity Theft Seminar on Sept. 22 at 7 p.m. at the Willow Oaks Branch of the Hampton Public Library. Financial experts will speak on old and new theft tactics, self protection and victim options. The seminar is free and open to the public. Call 728-7204 to sign up for the seminar.

## OPC Toastmasters

Members of the Old Point Comfort Toastmasters Club invite Fort Monroe personnel to join them on the first and third Wednesday of each month at 11:40 a.m. in Room 248, Craven Health Clinic. For more information, contact Beverly Nicholson at 788-4132 or John Tutson at 788-2783.

Visit us online at  
[www.monroe.army.mil/casemate](http://www.monroe.army.mil/casemate)

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